# SNF Heart Failure Post Discharge Care Protocol

**Heart Failure Hospital Discharge Checklist**

1. Physician discharge summary available in discharge packet (DPA)
2. Visual notification placed on discharge packet (DPA)
3. Cardiologist follow-up appointment documented (DPA)
4. Discharge weight and dry weight (or dialysis dependent) documented (MD)
5. Dietary restrictions and follow-up labs documented in transfer summary (MD)
6. Baseline edema, respiratory status, oxygen requirement documented (RN)

**Facility R.N./LPN Checklist**

1. On admission:
   1. Assess edema, respiratory status, oxygen requirement and verify with information from hospital.
   2. Verify diuretic dosage, follow up labs.
   3. Initiate heart failure trends log (paper or electronic).
2. Ongoing assessment:
   1. Check and record BP/P/RR/temp/pulse ox/pain Q shift for first 7 days following admission, then follow facility protocol.
   2. Assess edema, respiratory status, oxygen requirement Q shift for first 7 days, then follow facility protocol. Chart daily (AM) on heart failure trends log (paper or electronic).
   3. Provide and reinforce heart failure teaching with patient and family using teach back methodology.
3. On discharge:
   1. Identify PCP and make follow-up appointment.
   2. Ensure medication reconciliation is performed and/or reviewed by attending physician on discharge.
   3. Give copy of heart failure trends log to patient to take with them to their PCP appointment.